

Stitchology

Backgrounds are 12½ x 12½”

Using heavy duty freezer paper, and utilizing the diagram provided, create a ring template that measuring 10” wide and 1” thick. Iron the template onto the right side of the cotton fabric. Using a chalk pencil, chalk along the inside and outside edge of the ring template. Cut out around the freezer paper template adding a scant ¼” for needle turning. Remove the freezer paper template. Alternatively, you could use my 12” Concentric Circle template set to create your appliqué- this can be found on my website.

Center the ring onto the wool background. Using a #11 Short Darnar needle and any Efina cotton thread, baste the ring onto the background. Using a #11 Short Darnar needle and matching Efina cotton thread, needle turn appliqué the outside edge of the ring. Using the same needle and thread, needle turn appliqué the inside edge of the ring, snipping into the seam allowance as needed to keep the appliqué flat. Remove basting stitch.

Using the 2” circle diagram provided, create a heavy duty freezer paper template. Cut out and iron the freezer paper template to the wrong side of the fabric, cut the circle out around the template adding a ¼” seam allowance. Using a #11 Short Darnar needle and matching Efina cotton thread, stitch around the freezer paper template in the center of the seam allowance, and draw the thread up to bring the edge around the template. Next, iron with a spritz of Flatter and remove the paper template. Center the circle appliqué in the 10” ring. Pin and needle turn appliqué the circle to the background using a #11 Short Darnar needle and matching Efina cotton thread.

Repeat for all six blocks.

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